Inclusive education entails the following: BUILDING AN INCLUSIVE EDUCATION AND TRAINING SYSTEM: Rather, than offering a watertight definition. Consequently, this paper explores the scope of inclusive education in this paper would not be adequate, as it may not accurately reflect what the concept entails. Changing attitudes, behaviour, teaching methodologies, curricula and the environment to meet the needs of all learners empowerment and learning. Therefore, any education and training system should respond to the equity and development challenges that are critical to improving the quality of life of all people. As a teaching and learning delivery model, distance education is practiced in many parts of the world to provide study opportunities for those who cannot or do not wish to participate in classroom teaching. The expectation is that higher education institutions that facilitate distance learning will be able to create an inclusive teaching and learning environment that provides learners with the opportunity to advance, develop and enrich themselves, both intellectually and materially. Educational institutions have traditionally been marginalized, the first step is therefore to move from an understanding of disability that is shaped by the medical model to an understanding underpinned by a human rights and development model. The result will be the recognition and acknowledgement that people with disabilities are equal citizens, and should therefore enjoy equal rights and responsibilities. A human rights and development approach to disability therefore focuses on the removal of barriers to equal participation, and the elimination of discrimination based on disability. Inextricably linked to the human rights and development approach is the social model of disability, based on the premise that if society cannot cater for people with disabilities, it is society that must change. This implies that the reconstruction and development of society involves a recognition and intention to address the developmental needs of people with disabilities within an inclusive framework. TEACHING AND LEARNING THROUGH DISTANCE EDUCATION: Distance education is practiced in all parts of the world to provide study opportunities for those who cannot or do not wish to take part in classroom teaching. In its earliest form, distance education meant study by correspondence, or what is now called "snail mail". As new technologies developed, distance instruction was delivered through such media as audiotaape, videotape, radio and television broadcasting, and satellite transmission. Microcomputers, the Internet and the World Wide Web are shaping the current generation of distance learning, and virtual reality, artificial intelligence, and knowledge systems may be next. According to Eastmond (1995, as cited by Kerka 1996:98), define distance education as the use of print or electronic communications media to deliver instruction when teachers and learners are separated in place and/or time. However, others emphasize distance learning over education, defining it as “Getting people - and often video images of people - into the same electronic space so they can help
one another learn” or “A system and process that connects learners with distributed resources”. These two definitions imply learner-centeredness and control. Typical audiences for earlier generations of distance education were adults often seeking advanced education and training at home, on the job, or in the military. They’re multiple responsibilities or physical circumstances prevented attendance at a traditional institution. Now anyone is potentially a distance learner, a concept that has implications for the organization of educational institutions, and for teaching and learning.

While for some, distance education is identical to private study of prescribed texts with or without special study guides, for others, it is a teaching/learning system including specially prepared study materials and regular, mediated contacts between students and tutors, individually or in groups. However, there are distance teaching universities that offer their students printed and recorded courses with no mediated communication, although they sometimes provide supplementary face-to-face teaching, provide not only for course materials, but also for correspondence, telephone and computer communication between students and tutors. This use of pre-produced course materials and non-contiguous communication, sometimes supplemented by face-to-face contacts, no doubt represents the praxis of most distance-teaching institutions in the world.

A term that is often used to describe the mode of delivery provided by many distance learning institutions is flexible learning, which, according to Moore (2000:56) is not a specific methodology. “It is an approach to teaching and learning that is open to the possible use of a variety of innovative learning practices and combinations of practices. Ideally, it provides the learner with a choice of learning strategies, as well as the choice of place, pace and time. In this sense, it is an extension of the concept of open learning.”

Whatever the nature and mode of delivery, distance learning has several challenges for learners and providers, particularly with regard to policy and practice pertaining to inclusive education and training.

CHALLENGES OF INCLUSIVE EDUCATION AND TRAINING FOR DISTANCE LEARNING:

Although not exhaustive, the following are some of the key challenges of inclusive education and training within distance learning.

- **Creating an Inclusive Ethos:**
  A foundation for all learning and development is the creation of an inclusive ethos for the education institution, that is, a secure, accepting, collaborating and stimulating teaching/learning community in which everyone is valued. An inclusive ethos is concerned with developing inclusive values, shared among all stakeholders. The principles, derived within an inclusive institutional ethos, guide decisions about policies and moment-to-moment practices. Without addressing the issues of institutional cultures, a sustainable change is not likely to occur.

- **Producing Inclusive Policies:**
  Inclusion must be central to the development process and permeate all policies, so that they provide a framework for enhancing the learning and participation of all stakeholders within the community of the institution. Policies related to behaviour management, assessment procedures, organisation of support, curriculum, professional development, etc. need to reflect the institution's responsibility, both for the teaching/learning development of all learners, and support for educators and the institution. In this context, support encompasses all activities that increase the capacity of the institution to respond to diversity. In particular, the commitment and support of management is a non-negotiable for the successful implementation of policy and practice.

- **Evolving Inclusive Practices:**
  Institutional practices need to reflect the inclusive cultures and policies of the site of learning. They are concerned with ensuring that face-to-face and distance learning activities encourage the participation of all learners. Inclusive practices should also promote the creativity of educators with a view to improving their skills and knowledge, making space and time for sharing, supporting and participation.

OVERCOMING BARRIERS TO TEACHING AND LEARNING IN AN INCLUSIVE EDUCATION AND TRAINING SYSTEM:

- **Negative attitudes to and stereotyping of difference**
- **An inflexible curriculum**
- **Inappropriate languages of learning and teaching**
- **Inappropriate communication**
- **Inaccessible and unsafe built environments**
- **Inappropriate and inadequate support services**
- **Inadequate policies and legislation**

As a necessary precondition for the identification and addressing of barriers to learning, distance learning institutions must create an inclusive, caring and enabling environment, for it is only within such an environment that any meaningful learning and teaching can occur. Undeniably, early identification of barriers to learning should logically be followed by timely and appropriate support.

**CONCLUSION:**

The concept of inclusion, like the concept of freedom, is intangible, sometimes elusive, and often subject to divergent interpretations. This is partly why the pace of implementation in both the schooling and higher education sectors appears to be moving slowly. While the pace of change may, in due course, be accelerated in contact institutions, the outlook for distance learning institutions may be different. Unless considerable time and energy are used in striving to establish and maintain direct and ongoing contact with learners, unless the majority of disadvantaged learners have access to the resources of the institution, and unless distance learning institutions conduct ongoing research to evaluate the impact of the teaching and learning strategies, inclusive education in the context of distance learning will remain a mammoth challenge.

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